

ULTREYA, Blessed Trinity!

WELCOME BACK!

It seems like our last meeting was forever ago—and yet it was just three months! Time flies and now the kids are back to school and the fall is gearing up! Time for us to gather as Cursillistas to celebrate, reconnect, and bless each other with the gift of our presence!

We are REALLY excited to kick-off the fall Ultreya with our own Deacon Steve Floyd and his lovely wife, Renee, joining us.

Deacon Steve will be doing the witness part of the agenda Saturday evening. We will also celebrate Deacon Steve's ordination—which occurred this past June—we are so proud to have him come and celebrate with us. If you've heard him preach this summer—you KNOW we are in for a treat—no pressure Deacon Steve;)

But wait...there's more! Aron Harris has agreed to play music for us—so if nothing else we will have a rousing DeColores!

Please plan on attending Saturday, August 19th. Bring a fellow Cursillista who hasn't attended Ultreya in awhile. And while we are at, please put the THIRD Saturday of the month in your calendar now. We realize we are all busy, however, we need **YOU!** This is a wonderful opportunity to reconnect, share, and celebrate our collective experience of prayer, study, action, close moments, and love of the Lord! You never know what the Holy Spirit will do for you—if you show up! PLEASE make a commitment to attend Ultreya—it's not the same without **YOU!**

In case you missed it!

May was a smaller Ultreya but it was a wonderful celebration of our Mother Mary. The rosary was prayed at the outdoor shrine—the weather was gorgeous (not hot!). Those who attended enjoyed the company of each other and our Mother!



Important Dates:

Ultreya 8/19

Orlando Cursillo

Home Coming 9/9

Ultreya 9/16

Men's #100 10/5-8

Women's #108: 10/19-22

"I am quite sure that if we could but once approach the Most Holy Sacrament with great faith and love, it would suffice to make us rich. How much more so if we approach it often!" - St. Teresa of Avila



ULTREYA

The Blessed Trinity's Ultreya meets on the **THIRD Saturday of the month at 7:15 PM, in the Elder Care Building**

For more information please contact Terry Schultz Nourse, Ultreya Coordinator:
docterrysn@gmail.com

352-817-5553

*Find us on
Facebook at:
Blessed Trinity
Ultreya*

Upcoming Weekends!

Men's #100 and Women's #108 will be the second and third weekends in October! **NOW** is the time to start thinking about sponsoring candidates. The applications are available on the [Diocese of Orlando website](#). PLEASE have your completed application to Terry NO LATER MONDAY, September 11th, so we can get them processed. We will have a **BRIEF** sponsor's meeting after September's Ultreya!

Cursillo Guidelines on Applications

Have Candidate and Sponsor fill out application completely, health issues, food issues and two emergency contacts.

PLEASE NOTE: It is now the *sponsor's responsibility* to forward to their candidate the letter of acceptance, the letter of supplies to bring to the weekend, as well as the emergency contact number for the spouse to contact should the need arise during the weekend. It is the sponsor's duty to notify Application Coordinator, currently Beth Ann Ortiz, (407-353-5269 or email: badrjo@cfl.rr.com) that the candidate has accepted the invitation to the weekend and will be coming to the weekend.

APPOSTOLIC ACTION CORNER:

If you are looking for a GREAT way to get some easy action...APOSTOLIC action that is;) PLEASE share in your social media feed, or in a note to a friend, a letter to a loved one, or a gentle conversation with a co-worker information about the **Catholics Can Come Home Again! WELCOME HOME**, ministry. The first meeting will be held on Wednesday, September 6th in the Elder Care Building. For more information contact Linda Guas (832-865-9045) or Mariano Guas (504-782-6065 and please be sure to like their page on [Facebook!](#)

Important Links

[Orlando Cursillo](#)

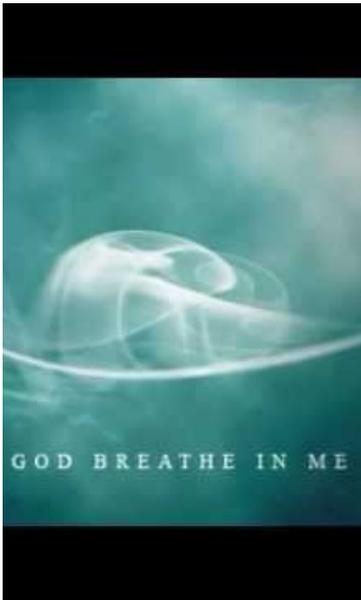
[Fourth Day Letters](#)

Orlando Cursillo Homecoming #7

Saturday September 9th @

St. Mary of the Lakes Church in Eustis

[Click here for more information](#)



BREATH!

Take a moment. Close your eyes. Breath in deeply, exhale slowly. Feel the Holy Spirit with each inhalation and exhalation. Repeat three times!

Engage in mindful breathing in prayer throughout the day—if won't take away the stress, the difficult personalities, or your concerns—but it will allow you moments to refocus. As Jimmy Buffett sings, "breath in, breath out, move on".

DeColores!

DeColores, DeColores the fields love to dress in all during the springtime.

DeColores, DeColores the birds have their clothing that comes every season.

DeColores, DeColores the rainbow is vested across the blue sky.

DeColores, and so must all love be of every bright color to make my heart cry (repeat)

Joyfully, joyfully we will live in God's friendship because he has willed it.

Faithfully, faithfully we will slake the great thirsting of Christ the immortal.

Joyfully, joyfully we will bring to our Savior a harvest of souls.

Pouring outward the light from within the grace of our God his infinite life (repeat)

Sings the rooster. Sings the rooster with his Kiri, Kiri, Kiri, Kiri, Kiri.

And the cluck-hen. And the cluck-hen with her Cara, Cara, Cara, Cara, Cara.

And the babe-chicks. And the babe-chicks with their Pio, Pio, Pio, Pio, Pi.

DeColores and so must all love be of every bright color to make my heart cry. (Repeat)